



**BEWELL**

Services to Keep  
You Healthy

# Travel Health Vaccines and Consultations

Travel can make you feel wonderfully alive. But it can also expose you to serious diseases that may threaten your health. Don't be among the people who experience health problems when traveling. Before you go, get in the know and learn about your travel health needs, including travel immunizations, by visiting our RVNAhealth travel health clinic.



To schedule, please scan the QR code and complete our Travel Health Consult Form. Once the form is complete, we will reach out to schedule your appointment.

## **Consultations and Vaccines Available by Appointment**

Travel consultations with our Travel Health Nurses include itinerary-specific health advice; discussion and administration of immunizations; safe food/water practices; and other recommendations, including insect precautions and environmental considerations.

**Appointments are available at RVNAhealth 27 Governor Street, Ridgefield CT. Virtual Phone Consultations are also available!**

**To schedule an appointment:** Call RVNAhealth at 203.438.5555 x1090 or email [BeWell@rvnahealth.org](mailto:BeWell@rvnahealth.org). Appointments should be scheduled 4 to 6 weeks prior to travel, especially if preventative vaccines or medications are required/recommended, but we will do our best to help you with last-minute appointments.

**rvnaHEALTH™**

For Lifelong Care & Wellness

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RVNAhealth Travel Health Nurses can administer the following commonly needed travel vaccinations\*:

- Hepatitis A & B
- Yellow Fever *{we are a U.S. Government Certified Yellow Fever Center}*
- Typhoid
- Rabies
- Japanese Encephalitis
- Polio
- Meningitis
- Measles {MMR}
- Preventative medication for:
  - Malaria
  - Altitude Sickness
  - Traveler's Diarrhea

We can also provide advice on ways to avoid the mosquitos that carry diseases such as:

- Zika virus
- Yellow fever
- Malaria
- Dengue fever
- Chikungunya

To learn more or schedule an appointment, call 203.438.5555 x1090 or email [BeWELL@rvnahealth.org](mailto:BeWELL@rvnahealth.org).

Please call us early so that we can best advise you on your travel preparations and review availability and timing of required vaccines.

*\*RVNAhealth is not able to bill to insurance for the consultation or vaccines. Payment is accepted via check or credit card. You will be given an itemized receipt with insurance diagnosis codes, which you can use to attempt to submit to your insurance company for reimbursement, if you choose to do so.*