



**BEWELL**

Services to Keep  
You Healthy

# RVNAhealth offers the Shingles Vaccine

Shingles is a painful rash that develops on one side of the body. If you have had chickenpox, you are at risk for Shingles. At least 1 million people in the U.S. get Shingles each year, and 1 out of 3 will get Shingles in their lifetime. Your risk for getting Shingles and having serious complications increases as you get older.

The Shingrix vaccine offers up to 90% protection against Shingles and is approved for people age 50+.

**To make an appointment,** please contact RVNAhealth at 203.438.5555 or [BeWELL@rvnahealth.org](mailto:BeWELL@rvnahealth.org). A physician's prescription is required. RVNAhealth is located at 27 Governor Street, Ridgefield CT 06877

**Please Note:** RVNAhealth is unable to bill insurance for this vaccine, the cost is \$230 per dose. We accept checks and credit cards and will provide a receipt to submit for insurance reimbursement.

The Shingrix vaccine requires two doses, given at least 2 to 6 months apart. The CDC recommends adults who have previously received the Zostavax shingles vaccine, also receive Shingrix.

RVNAhealth is offering curbside vaccines outside our office to serve our patients safely and swiftly.

**rvnaHEALTH™**

For Lifelong Care & Wellness

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