

# Positively transforming the lives of babies, parents, and families.

## About Nurse-Family Partnership

Nurse-Family Partnership at RVNAhealth is a FREE, voluntary program that pairs eligible first-time pregnant people with their own personal nurse from pregnancy through their child's second birthday.

This program is funded by the CT Office of Early Childhood and is available to patients who are:

- Living in Danbury/Waterbury or surrounding areas;
- WIC/Husky eligible, under 18 years of age, or having difficulty making ends meet;
- Are less than 29 weeks pregnant.



## For More Information or to Make a Referral

Call or Text: 860.488.5067

Email: [nursefamilypartnership@rvnahealth.org](mailto:nursefamilypartnership@rvnahealth.org)

Visit: [CTNFP.org](http://CTNFP.org)

## How We Help Pregnant People and Families



### Improved Pregnancy Outcomes

- 35% fewer cases of pregnancy-induced hypertension
- 18% fewer preterm births



### Increased attendance at prenatal and post-partum appointments



### Decreased calls to office and trips to the emergency room



### Increased education through one-on-one visits with nurse



### Connection to community resources

# Nurse-Family Partnership at RVNAhealth



## There's lots to learn

You've got this!

With a FREE personal nurse

Who can give you support, advice and information you need as a new parent, pregnant with your first baby.



## Mucho va a cambiar

¡Pero lo tienes bajo control!

Con una enfermera personal GRATIS

Para darte el apoyo, los consejos y la información que necesitas como madre primeriza, embarazada de tu primer bebe.



## Muito vai mudar

Você terá tudo sobre controle! Com uma enfermeira pessoal e GRATUITA

Para darte el apoyo, los consejos y la información que necesitas como madre primeriza, embarazada de tu primer bebe.

## Who can enroll?

Any person who:

- Is pregnant with their first child
- Is 28 weeks or less pregnant
- Meets income requirements
- Lives in the greater Danbury, Waterbury or Torrington areas

## ¿Quién puede participar?

Cualquier persona que:

- Está embarazada de su primer bebé
- Tenga 28 semanas o menos de embarazo
- Cumpla con los requisitos de ingreso
- Viva en las ciudades cercanas a Danbury, Waterbury o Torrington

## Quem poderá participar?

Mulheres:

- Grávidas de seu PRIMEIRO filho(a)
- Com até 28 semanas de gravidez
- Com baixa renda
- Que more em Danbury ou cidades vizinhas, incluindo Waterbury ou Torrington

**Contact us/Contáctanos/Entre em contato conosco:**

Call/Llama/Ligue para: (860) 354-7260

Text/Textea/Mensagem de texto: (860) 488-5067

[RVNAhealth.org/nfp](http://RVNAhealth.org/nfp)