



# Cancer Treatment and Recovery Resources

RVNAhealth offers a wide range of services to assist individuals and families affected by cancer. In addition to the services listed here, RVNAhealth offers a broad continuum of care designed to meet a patient and family's evolving needs.

## **Skilled Nursing**

Skilled nursing services, in coordination with a patient's physician, are available in the home to help monitor and assess patient health and identify symptoms that may occur during or following treatment.

## **Rehabilitation Services**

Rehabilitation services help patients improve strength and mobility following cancer treatments or surgery. Therapists focus on the unique needs of each patient to help maximize activity, safety, quality of life.

## **Medical Nutrition Therapy**

Nutrition services are available to provide counseling and dietary guidance to optimize recovery and health and address condition-specific needs.

### **Care Coordination and Social Work**

Medical social workers are available to help patients and families understand the resources available to them and secure the support and environment they need to recover health and get stronger.

### **Personal Caregiving**

Available as hourly or live-in, our private duty caregivers are provided course-specific and hands-on training for personal and household assistance to those affected by cancer. Caregivers work closely with and under the supervision of our medical teams.

### **Private Duty Nursing**

Providing immediate access to care for medical needs and treatments not covered by insurance. From medical care in the home, to medication preparation and administration, to peace of mind medical assessments and vital sign checks when getting to the doctor is too difficult – Private Duty Nurses provide immediate and customized care in coordination with a patient's doctor.

### **Palliative Care**

Palliative care provides a specialized team of social workers and pastoral care, working alongside a patient's medical team. Services are used to add support to a patient and family's continued care goals and treatment options.

### **Hospice**

Hospice care with RVNAhealth provides in-home comfort care and peace to patient and family. An experienced team consisting of medical, social, spiritual, and family support volunteers bring their expertise and experience in cancer care to families and their loved ones.

**For more information on RVNAhealth services**, please visit [RVNAhealth.org](http://RVNAhealth.org), email us at [intake@rvnahealth.org](mailto:intake@rvnahealth.org), or call us at 203.438.5555 x4.